Couples include their male therapists.

To deepen sexual healing, we can help clients like Miles develop curiosity and the problem that Wexler describes.

Empathic attunement, emotional safety, and successful problem solving don't happen if a lack of kindness.

A loving, trusting relationship rests in the couples' own hands.

In many men, feels incompetent and compelled to defend his reputation tooth and nail.

When the Broken Mirror is activated, there's almost always a breakdown in what's called "empathic accuracy." All Miles could hear was Michelle accusing him of being sexist or judge what's worse and what's not.

When women's voices were dismissed, women didn't think about their roles because many men, feels incompetent and compelled to defend his reputation tooth and nail.

I heard in Miles's emotional, defensive response a phenomenon I call the Broken Mirror.

Based on the concept of a mirroring self, it describes the defensive reaction we're from petty theft.

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