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THE RELATIONSHIP TRAINING INSTITUTE PRESENTS...

## #MeToo-Informed Therapy: Helping Men Wake Up and Women Speak Up

Presenter: David B. Wexler, Ph.D.

September 17, 2021 (Friday)

**ONLINE LIVE WEBINAR**

**BASED ON THE NEW BOOK BY DAVID B. WEXLER, PH.D.  
and HOLLY B. SWEET, PH.D.**

The rise of the #MeToo movement has generated a seismic shift in how we view sexual harassment and other once overlooked issues in the relationships between men and women. This presentation will explore ways to distinguish and address transgressions that range from the truly violent to the subtly bullying to the simply gross and juvenile. The focus will be on helping men who offend or are confused, as well as offering strength-based strategies to help women confront sexual misconduct in personal, academic and professional settings. There will be a special emphasis on couples whose relationship and sexual dynamics have been impacted by #MeToo histories, with strategies for effective couples counseling that help each partner understand how #MeToo issues are undermining their relationship.

Based on Dr. Wexler's new book, *#MeToo-informed Therapy: Counseling Approaches for Men, Women, and Couples* (with co-author Dr. Holly Sweet), the presentation will guide clinicians in helping men realize the causes and consequences of their #MeToo behavior, as well as how to make "real" apologies for sexual misconduct they have engaged in. You will learn clear strategies for confronting male entitlement in a way that actually gets through to men, help men examine ways in which they may have unknowingly "crossed the line" with women, intensify empathy for the confusion and paralysis that many survivors of sexual harassment experience, and help couples form more meaningful empathy and alliances about issues of sex, gender, and power.

In this workshop you will learn to...

- Develop clear strategies for confronting male entitlement in a way that actually gets through to men.
- Explain how to help men examine ways in which they may have unknowingly "crossed the line" with women in their lives.
- Explore the confusion and paralysis that many survivors of sexual harassment experience to assess how best to help them heal and move forward.
- Help bridge the gap in couples when histories of sexual harassment and sexual assault are affecting their relationship.
- Discover how to help couples examine gender roles and expectations to improve clinical outcomes.

RTI is approved by the American Psychological Association to sponsor continuing education for psychologists. RTI maintains responsibility for this program and its content.

Relationship Training Institute is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

### For more information:

Visit our website at [www.RTIprojects.org](http://www.RTIprojects.org) or  
Contact Suzanne Smyth-Cohen at 619-892-8318  
E-mail: [rtiworkshops@gmail.com](mailto:rtiworkshops@gmail.com)

### ABOUT THE SPEAKER:

David B. Wexler, Ph.D., is a clinical psychologist in private practice in San Diego and the Executive Director of the non-profit Relationship Training Institute (RTI), specializing in the treatment of relationships in conflict. Dr. Wexler has authored seven books, including the newly released *#MeToo-informed Therapy: Counseling Approaches for Men, Women, and Couples* (with co-author Holly Sweet, Ph.D.), as well as the *STOP Domestic Violence Program—Fourth Edition*, and *When Good Men Behave Badly*.



### DATE, TIME & LOCATION:

September 17, 2021 (Friday)  
Workshop: 8:30 AM - 3:30 PM  
**ONLINE LIVE WEBINAR**

### FEES

- \$145 (paid registration by Aug. 27)
- \$165 (paid after Aug. 27)
- \$125 Allied Agency, FT Student, SDPA, SD Psychoanalytic Society (by Aug. 27)
- \$145 Allied Agency, FT Student, SDPA, SD Psychoanalytic Society (after Aug. 27)

### Registration Options:

**On-line:** [www.RTIprojects.org](http://www.RTIprojects.org)  
**Fax:** 858-724-3978  
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This workshop is approved for 6.0 Continuing Education Hours for advanced continuing education for psychologists, LCSWs, MFTs, NBCC, and NAADAC.

