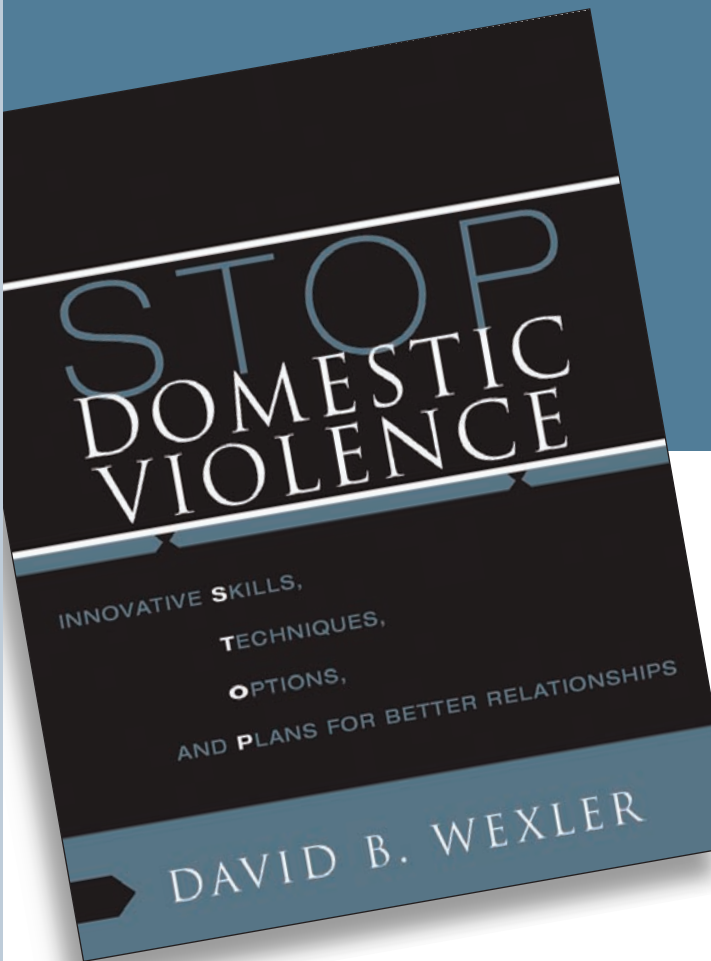


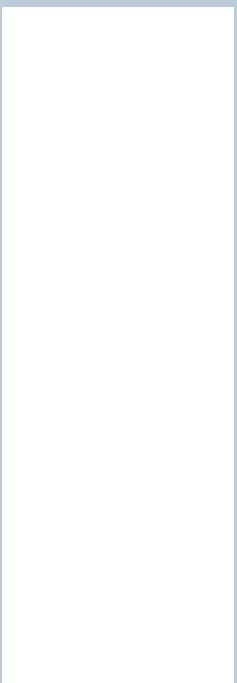
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### ABOUT THE AUTHOR



**David B. Wexler, Ph.D.**, is a clinical psychologist in private practice and Executive Director of the Relationship Training Institute in San Diego. He received the Distinguished Contribution to Psychology Award from the California Psychological Association, and is the author of several books including *The Adolescent Self: Strategies for Self-Management, Self-Soothing, and Self-Esteem in Adolescents*. He may be contacted through [www.RTIprojects.com](http://www.RTIprojects.com)

