Suicide Therapies That Work

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Suicide is on the rise in the United States, having gone up 24% between 1994 and 2014. It is the most common psychiatric emergency that therapists will encounter. Recent research has identified suicide-specific therapies that are effective in treating both suicidal ideation and behavior. The problem is that most therapists are not aware of them nor have they been trained in them, so most suicidal clients do not receive these potentially lifesaving treatments. For therapists with an active clinical practice, suicide is an occupational hazard that can be both emotionally and practically devastating—and 25% of family members of suicidal patients take legal actions against the patient’s mental health treatment team.

This workshop will provide an invaluable opportunity for therapists to implement these empirically validated, evidence-based treatments for suicide that are fast becoming the standard of care.

In this workshop you will learn to...

• Identify the most important techniques/tools for assessing suicidal risk
• Recognize innovative and effective suicide therapies which will assist clinicians in practicing to the standard of care
• Activate strategies to minimize the risk of successful lawsuits or sanctions
• Find effective coping strategies for the emotional impact of working with clients who attempt suicide or actually commit suicide
• Implement effective state-of-the-art crisis interventions for suicidal patients

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