SEX & RELATIONSHIPS: Everything You Need to Know From Two of the Leading Experts in the Field

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Friday, November 10, 2017
SECRETS, CYBERSEX, INFIDELITY, ADDICTION, TRAUMA – AND FORGIVENESS?

PROGRAM:
• What constitutes an affair?
• What makes cyber-relationships particularly seductive?
• When is it best to divulge an affair and when is best to keep it a secret?
• How can therapists help the injured partner absorb the trauma of infidelity and feel less crazy and alone?
• How can therapists help unfaithful partners take responsibility for the damage they caused and earn forgiveness?
• What concrete exercises help couples rekindle trust and erotic intimacy after an affair?

Saturday, November 11, 2017
RETHINKING SEX ADDICTION: A SEXUAL HEALTH PATHWAY FOR “OUT-OF-CONTROL SEXUAL BEHAVIOR” (OCSB)

PROGRAM:
• Is OCSB a process addiction or a distinct psychosexual disorder—or is there another non-pathology-oriented alternative for assessment and treatment?
• How can therapists become more comfortable talking to clients about sex?
• How can clients work on sexual behavior problems without sociocultural judgments?
• What are the six fundamentals of sexual health?
• How can clients develop a mature sexual health plan?

For more information:
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